

## **Our Lead Instructor**



- Certified US Sailing Instructor
- VA Boaters License
- First Aid/CPR Certified
- Instructing with SYC Sailing Camp since 2020 and participated in SYC camp 2018 - 2019
- York County High School Sailing Team 2018-2022
- Rising Sophomore at Virginia Tech majoring in Ocean Engineering.

## **Our Assistant Instructors**



**Helen Schmuck** 

- Certified US Sailing level 1 instructor
- Previous SYC Sailing Camp participant
- Instructor at SYC Sailing Camp since 2022
- York Sailing Team 2020-2023
- 2023 VISA Crew award
- Will be on Sailing Team at Christopher Newport University in Fall 2023.
- American Heart Association first aid and CPR certified
- "I love to be outdoors and for me there is no better place than being on a sailboat on the water."



**Grif Mahan** 

- 6 years sailing experience
- Instructor at SYC Sailing camp since 2022
- 2 years sailing on Hampton Roads 420 race team
- 3 Seasons with York County Sailing Team
- VA Boaters License
- First Aid/CPR Certified