



Seaford Yacht Club Junior Sailing Program – 2019

Our Staff



Richard "Red" Eilenfield

- * Program Director, Seaford Yacht Club Junior Sailing Program, 2010- to –Present
- * President, Paladin Sailing, Inc.
- * Certified U.S. Sailing Instructor
- * USCG Certified OUPV
- * Director of Operations, Hampton Roads Community Sailing Center, 1998 -2009



Lauren Livinson

- * Sailing instructor 2014-present
- * Certified US sailing instructor
- * Certified BLS CPR and first aid
- * Captain of PHS sailing team, sailed 6 seasons competitively
- * Sailed at CNU
- * Assistant coach at: HRA, Kecoughtan, Phoebus, Hampton City Schools
- * Current Riverside Nursing Student



Brian Fox

- * Certified U. S. Sailing instructor
- * Student York High School
- * Member York County Sailing Team 6 years
- * SYC Assistant Instructor, Three Years
- * Sailing for 8 years



Daniel Hodges

- * Graduated from the first SYC Junior Sailing Camp in 2010
- * Ten years sailing experience actively racing for five years.
- * Certified US Sailing Instructor
- * Eleven years sailing, racing for 6 years
- * Sailed two seasons at CNU